

Rás na Ríochta

	First name	Surname	CYCLE	Transition 1	RUN	CANOE	FINAL RUN	Total Time
1	Fergus	Mc Carthy	01:34:40	00:00:13	02:00:14	00:28:01	00:06:47	04:09:55
2	Geoff	Ludemann	01:20:28	00:01:41	02:00:53	00:39:45	00:07:31	04:10:18
1(F)	Beth	Mc Cluskey	01:26:03	00:01:32	02:04:14	00:39:06	00:06:34	04:17:29
4	Noel	O'Leary	01:30:13	00:01:30	02:10:34	00:28:04	00:07:50	04:18:11
5	Peter	Walsh	01:24:40	00:00:59	02:06:15	00:39:14	00:07:28	04:18:36
6	Cathal	Geary	01:33:00	00:01:07	02:09:19	00:28:57	00:08:32	04:20:55
7	Willie	Rock	01:29:59	00:00:53	02:16:01	00:29:01	00:08:40	04:24:34
8	Declan	Curley	01:45:52	00:04:10	02:20:31	00:31:13	00:07:15	04:49:01
9	Dave	Mc Bride	01:41:53	00:00:53	02:24:45	00:33:27	00:08:27	04:49:25
10	David	Barry	01:51:19	00:00:39	02:11:13	00:40:25	00:06:43	04:50:19
11	Brendan	O'Brien	01:41:38	00:01:39	02:28:11	00:31:14	00:08:13	04:50:55
12	Martin	Mc Carthy	01:39:51	00:01:05	02:47:05	00:36:13	00:07:12	05:11:26
13	David	Bosonnet	01:51:02	00:01:12	02:48:35	00:31:52	00:09:02	05:21:43
14	Donal	O Callaghan	01:49:39	00:02:57	02:48:08	00:32:08	00:09:02	05:21:54
2(F)	Pauline	Brady	02:06:57	00:04:11	02:30:08	00:32:20	00:08:31	05:22:07
16	John	Casey	02:06:26	00:04:43	02:30:09	00:32:21	00:08:36	05:22:15
17	Roy	Collins	01:43:53	00:03:19	02:50:08	00:38:59	00:08:12	05:24:31
18	Joseph	O Donovan	01:57:58	00:01:07	02:50:03	00:42:46	00:09:03	05:40:57
19	Sean	Brosnan	01:58:19	00:03:35	02:52:42	00:43:01	00:08:43	05:46:20
20	Pat	O Callaghan	01:57:25	00:04:15	03:05:52	00:36:27	00:10:08	05:54:07
21	Shane	Ruddle	01:59:10	00:02:38	03:05:37	00:36:13	00:10:30	05:54:08
22	Shane	O Kelly	01:59:36	00:02:42	03:05:10	00:36:13	00:10:27	05:54:08
23	Damian	Moran	01:53:51	00:02:19	03:14:31	00:36:35	00:09:57	05:57:13
24	Sean	Houlihan	02:27:20	00:05:35	03:17:32	00:36:48	00:10:11	06:37:26
25	Adrian	Copeland	02:27:48	00:04:59	03:17:35	00:36:55	00:10:17	06:37:34
26	John	J Giles	DNF	00:04:57	03:18:03	00:36:38	00:10:27	DNF
27	Alan	Ryan	01:41:34	00:00:13	DNF	00:34:39	00:06:58	DNF
28	Jerry	McCarthy	01:38:14	00:00:51	DNF	00:34:46	00:06:58	DNF

Rás na Ríochta - Lite

	First name	Surname	CYCLE	Transition 1	RUN	CANOE	FINAL RUN	Total Time
1	Danny	O'Morchoe	00:39:15	00:00:09	01:29:48	00:30:00	00:07:31	02:46:43
2	Simon	Evans	00:38:37	00:00:35	01:30:03	00:30:04	00:08:36	02:47:55
3	Jon	Hynes	00:37:41	00:01:16	01:34:38	00:30:44	00:07:30	02:51:49
4	Joe	O Leary	00:44:21	00:01:43	01:34:29	00:30:07	00:07:40	02:58:20
1(F)	Lisa	Daly	00:43:37	00:00:12	01:34:31	00:31:01	00:09:01	02:58:22
6	Lorcan	Carpenter	00:42:14	00:00:36	01:38:32	00:30:42	00:08:06	03:00:10
7	Colin	Buckley	00:44:59	00:01:12	01:35:00	00:33:20	00:08:32	03:03:03
8	Paul	Reidy	00:42:08	00:04:05	01:34:15	00:37:20	00:06:37	03:04:25
9	Ross	Fitzgerald	00:42:18	00:00:43	01:41:04	00:31:24	00:09:29	03:04:58
2(F)	Grainne	O Keeffe	00:49:45	00:01:38	01:43:40	00:33:43	00:08:47	03:17:33
11	Kieran	O Brien	00:42:32	00:03:35	01:49:36	00:37:21	00:10:07	03:23:11
12	Amy	Jane Lawrence	00:54:36	00:01:15	01:53:28	00:34:02	00:09:05	03:32:26
13	Wayne	Doyle	00:53:00	00:02:02	01:59:08	00:31:56	00:10:08	03:36:14
14	Cian	O Leary	00:48:28	00:00:54	02:02:36	00:36:18	00:09:13	03:37:29
15	Paul	O Leary	00:53:08	00:03:00	01:58:00	00:31:55	00:11:32	03:37:35
16	Paul	Scannell	00:54:28	00:02:03	01:52:41	00:44:06	00:07:55	03:41:13
17	Aine	Corrigan	00:54:40	00:00:00	01:54:30	00:44:30	00:08:17	03:41:57
18	Patrick	Conneely	00:37:38	00:01:08	02:34:43	00:36:28	00:08:42	03:58:39
19	John	O Mahoney	00:39:53	00:00:43	02:37:23	00:33:45	00:08:15	03:59:59
20	Stephen	Magee	00:39:04	00:00:11	02:38:42	00:34:33	00:07:33	04:00:03
21	Brian	Coughlan	00:39:11	00:00:10	02:38:43	00:39:52	00:10:01	04:07:57
22	Barry	Stevenson	00:44:12	00:00:15	02:50:30	00:39:47	00:08:18	04:23:02
23	Kenneth	Fitzgibbon	00:41:04	00:01:18	03:00:19	00:40:53	00:10:33	04:34:07
24	Patrick	Holohan						04:37:15
25	Sinead	Breen	01:34:48	00:00:36	02:30:11	00:33:41	00:12:19	04:51:35
26	Aoife	Connaughton	01:00:04	00:00:25	03:15:41	00:35:58	00:10:30	05:02:38
27	Alan	Dorgan	00:56:02	00:01:26	03:18:48	00:40:16	00:10:13	05:06:45
28	Laurence	Moreau	00:52:58	00:02:07	03:21:29	00:40:07	00:10:11	05:06:52
29	Clare	Deegan	01:06:28	00:02:32	03:28:24	00:38:05	00:11:18	05:26:47
30	Eoin	Cullinane	00:56:09	00:01:25	DNF	DNF	DNF	DNF